

**COUNTY OF LOS ANGELES  
PUBLIC HEALTH COMMISSION  
January 9, 2020**

**APPROVED**

**COMMISSIONERS**

**Patrick T. Dowling, M.D., M.P.H., Chairperson \***  
 Kelly Colopy, M.P.P., **Vice-Chair \***  
 Alina Dorian, Ph.D. \*  
 Jean G. Champommier, Ph.D. \*\*  
 Crystal D. Crawford, J.D.\*

**DEPARTMENT OF PUBLIC HEALTH REPRESENTATIVES**

Dr. Barbara Ferrer, Director of Public Health \*\*  
 Dr. Muntu Davis, Health Officer \*\*

**PUBLIC HEALTH COMMISSION ADVISORS**

Megan McClaire, Chief of Staff \*  
 Dawna Treece, PH Commission Liaison\*  
**\*Present \*\*Excused \*\*\*Absent**

<b>TOPIC</b>	<b>DISCUSSION/FINDINGS</b>	<b>RECOMMENDATION/ACTION/ FOLLOW-UP</b>
<b><u>I. Call to Order</u></b>	<i>The meeting was called to order at 10:30 a.m. by Chair Crawford, at the Central Public Health Center.</i>	<i>Information only.</i>
<b><u>II. Announcements and Introductions</u></b>	<p>The Commissioners, DPH staff, and guests introduced themselves.</p> <p>November meeting minutes</p> <p>December meeting minutes: minor corrections to be made regarding making Commissioner Crawford present and Colopy absent.</p>	<p><i>Information only.</i></p> <p><i>Motion to approve and was seconded by Commissioners Colopy and Dorian</i></p> <p><i>Motion to approve, once corrections are made, was seconded by Commissioners Colopy and Dorian</i></p>
<b><u>III. Public Health Report</u></b>	<p>Dr. Barbara Ferrer, DPH Director and Ms. Megan McClaire, Chief of Staff, provided the Commission with the Public Health (PH) report and update since the last meeting on December 12, 2019.</p> <p><b>Measles Exposure Advisory</b>          LAC is investigating three non-resident measles cases that traveled through LAX while infectious and looking to identify others who may have been exposed. There have been 20 measles cases in LAC residents and 14 non-resident measles cases in 2019. DPH continues to remind residents that getting immunized is a very effective measure in protecting yourself from spreading it.</p>	

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**Update on Lung Illnesses and Deaths Associated with Vaping in LAC**

The LAC continues to warn residents about the use of vaping and e-cigarettes devices as potentially harmful to proper lung function and urges residents to stop smoking. As of December 2019, there has been one new reported case bringing the total to 35 cases of incidents related to vaping/smoking. DPH urges healthcare providers to be on the lookout for severe respiratory illnesses among patients who have recently used vaping products, while at the same time encourage them to stop smoking.

**Death Rates in LAC Appear to be on the Rise in Some Groups**

On December 18<sup>th</sup>, a new report on mortality trends in Los Angeles was released that covered the last ten years. There was an overall decrease of 6.2%, but it did note there were increases from particular health issues such as Alzheimer's disease and drug overdose. Other findings include a lack of progress in reducing health inequities among African-American and Native Hawaiians/Pacific Islanders. Also worth noting is that although there is a decline reported in the past ten years, that decline occurred at the beginning of the decade. The declining trend has slowed or stopped in the past two years. DPH will continue to study health outcomes and its linkages to social determinants of health.

**Family Justice Center**

This is in response to a motion by the Board instructing DPH, in collaboration with other departments, to address the needs of families and individuals that have been impacted by domestic violence and abuse. Some of the services in place are behavioral health counseling, housing and immigration assistance, and substance use disorder treatment. The Center is scheduled to open in October 2020.

**Safe Food Delivery**

This report is in response to food tampering from private food delivery services. Vendors are not required to adhere to the California Retail Food Code. DPH is working with the state to address the issue. Some proposed changes include assigning food handlers cards to

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drivers to ensure training in food safety. Another option is to suggest that food outlets package food that will make it easy for customers to determine whether food tampering occurred.

**Alternative to Incarceration Workgroup**

The workgroup will finalize a report back to the Board in February 2020. There were over 100 recommendations submitted, and 25-30 will be prioritized in the report. The submission will coincide with the CEO's report back, who is the lead in addressing issues related to incarceration. The Health Department Directors will decide whether to build out a community of care system, which is needed for the allocation of resources, then create a framework for priorities for the county.

**Alliance for Health Integration (HIN)**

There will possibly be a motion in the first week in February. The Board will have a busy agenda coming up. However, the group will soon move forward and hire key personnel to support the work. It is imperative to move past discussing the framework and getting to implementation. It is still a work in progress, but there has been a positive reception from the Board office.

**Measles in Men's Central Jail Mumps in the Men's Jail**

If no new cases by January 12<sup>th</sup>, the quarantine will be over. As of now, there are 49 cases. Acute Communicable Disease Control worked around the clock to keep the disease contained, which was very effective in controlling the outbreak. DPH will soon have an after-action report with a set of recommendations on how to better prepare for disease outbreaks in the jail system.

**2021 DPH Budgets**

DPH will submit its requests for the FY20/21 budget cycle to CEO next week. The first request goes to the board in April. DPH is putting in requests for unmet needs, such as regulation and enforcement for recent flavored tobacco products ban in unincorporated areas. DPH will prepare a presentation on the budget for the Commission in the upcoming months.

Dr. F will share recommendations on how to better prepare on outbreaks in the jail system.

Dr. Ferrer will share budget recommendations with the Commission in an upcoming meeting.

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	<p><b>Vision Zero</b> Dr. Ferrer and Mark Pestrella, Director of Public Works, will present to the Board on January 21, 2020, for the adoption of an action plan and request for resources for the Vision Zero Initiative. Vision Zero is a commitment to eliminate all car-related fatalities in the county. It is one of the leading causes of death for adolescents. Vision Zero elevates community-driven engineering and education. DPH and Public Works will be doing pilot projects in districts represented in the top high-collision corridors.</p>	<p>The Commission's support is appreciated by elevating the plan to the Board.</p>
<p><b><u>IV. Presentation: Heart Heroes Update</u></b></p>	<p><b>PRESENTATION OVERVIEW</b></p> <p>Stella Folgeman, RN, MSN/MPH, CNS, Director of Emergency Preparedness and Response Division (EPRD). EPRD is housed in the Health Protection Bureau. The presentation gave a summary of the Heart Heroes project.</p> <p><b>Background</b> The Los Angeles County Departments of Public Health, Health Services, and Fire partnered with the Los Angeles Fire Department, the American Heart Association, and the American Red Cross to set a goal to train 100,000 Los Angeles County residents in Hands-Only CPR. Learning to perform hands only CPR, without using mouth-to-mouth like traditional CPR, may help save a life. Hands-Only CPR focuses on the first few minutes following cardiac arrest. Frequent chest compressions move oxygen through the body to keep the brain and other vital organs alive, helping buy time until help arrives.</p> <p>Learn the two simple steps &amp; Save a Life:</p> <ul style="list-style-type: none"> <li>• Call 9-1-1</li> <li>• Push hard &amp; fast in the center of the chest</li> </ul> <p><b>Purpose</b> In February 2019, DPH had a scroll presentation at a Board of Supervisor's meeting to launch Heart Heroes providing the</p>	

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opportunity to introduce the program and to also publicly televise a training session. Cardiac disease is the leading cause of premature death in Los Angeles. In LAC, 154,166 people die prematurely each year from heart disease, and Black residents having higher rates of illness and death associated with heart disease over all other races.

According to the American Heart Association, 90% of people who experience a cardiac arrest outside of a hospital setting, in our nation, will probably die. In 2016, of the 2,414 people with cardiac arrest who were transported to LAC emergency department, only 4% survived according to the California Office of Statewide Health Planning and Development.

**CPR in the Community**

About 70% of out-of-hospital cardiac arrest are happening inside homes. DPH is taking the initiative to train the community in administering CPR. Most likely this knowledge will be used on someone they know.

A recent AHA study showed there is a good amount of CPR training available to residents who are interested but were considered too time intensive and/or very expensive depending on the level of training. Another study showed even if people pay the cost for the intensive CPR course, a decline or deterioration in skills has been seen.

The new approach to training CPR was to do hands-only without mouth-to-mouth resuscitation. This comprises of just chest compressions, which can be as effective as standard CPR. This new approach has also proved to be more easily retained.

Clinical trials have shown adults who did have any previous CPR training and who watch a 60 second video can still retain their skills and show effective demonstration within three to six months. This is helpful because DPH and partners don't have to invest as much time and money in getting people trained to be able save lives in the community.

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	<p><b>Hopeful Practices</b> King County, Washington (includes Seattle) achieved the world's highest survival rate for cardiac arrest of 62%. King County began their campaign in 2002 to train local residents CPR each year including 11,000 high school students.</p> <p>DPH exceeded its goal and trained a total of 107,188 people between July 2018 – June 2019 with the help of AHA, LAFD, ARC, MySafeLA, and Sidewalk CPR Events. Sidewalk CPR is an annual event in collaboration with DHS and Fire Dept.</p> <p><b>Heart Heroes Mini Website</b></p> <p><a href="http://publichealth.lacounty.gov/media/heart/index.htm">http://publichealth.lacounty.gov/media/heart/index.htm</a></p> <p><b>Next Steps</b> The Division will analyze the baseline data prior to the Heart Heroes Initiative. It will be measured against the efforts being done to see if they are making a difference in survivability in community and cardiac arrest. Also, the Division will plan to look at other ways and other audiences, like DPH staff. The Division will work to get all DPH staff trained, then will work with other county departments to get all county staff trained.</p>	
<p><b><u>V. New Business</u></b></p>	<p>Presentation of Certificate of Appreciation to Commissioner Crystal Crawford, J.D. Commissioner Crawford served as Chair Commissioner from January 1, 2019 to December 31, 2019.</p> <p>Next PHC meeting will be held at Esteban E. Torres High School located at 4211 Dozier Street, Los Angeles, CA 90063</p>	<p><i>Certificate was presented by Commissioner Dowling.</i></p> <p><i>Staff and Commissioners to meet in school office by 10:00am.</i></p>

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<p><b><u>VI.</u> <u>Unfinished Business</u></b></p>	<p>2020 PHC Annual Goals:</p> <p>The main goal for the Commission is to have a more active role in supporting DPH program issues. Commissioners, appointees of the Board, can help elevate issues that are stagnant and important to the department. This activity will be integrated into each meeting throughout the year.</p>	
<p><b><u>VII.</u> <u>Public Comment</u></b></p>		
<p><b><u>VIII.</u> <u>Adjournment</u></b></p>	<p><b><i>MOTION: ADJOURN THE MEETING</i></b></p> <p><i>The PHC meeting adjourned approximately at 12:00 p.m.</i></p>	<p><i>Commission Dowling called a motion to adjourn the meeting. The motion passed with Vice-Chair Colopy and seconded by Commissioner Dorian. All in favor.</i></p>